

Information on Vitamin C & D and more...

DoctorYourself.com

<http://www.doctoryourself.com/>

Coronavirus, VitaminC, Fake News and Censorship

<https://www.brighteon.com/646ad120-775a-4464-a0d1-609be7a0a9dc>

Vitamin C in high doses is safe in treatment of Coronavirus / Covid-19 - Dr. Richard Cheng

<https://greenbeltoutdoors.com/blogs/survival-blog/vitamin-c-in-high-doses-is-safe-in-treatment-of-coronavirus-covid-19-dr-richard-cheng>

NY Hospitals use of Vit C is applaudable, but the dosage is too small.

<https://youtu.be/NBbbncTR-3k>

Vitamin C Questions: Answered

<http://www.orthomolecular.org/resources/omns/v14n12.shtml>

Unexpected Early Response in Oral Bioavailability of Ascorbic Acid

<https://www.townsendletter.com/article/online-unexpected-oral-vitamin-c-response/>

Vitamin D may be your best defense against respiratory infections, new science finds

<https://www.naturalnews.com/2017-04-23-vitamin-d-your-best-defense-against-respiratory-infections-science.html>

New York hospitals treating coronavirus patients with vitamin C

<https://nypost.com/2020/03/24/new-york-hospitals-treating-coronavirus-patients-with-vitamin-c/>

COVID-19 IMMUNE SYSTEM SUPPORT : WAY OF SURVIVAL - FANG SHEN DO

 **By Jean-Claude@BeyondMystic**

<https://www.youtube.com/watch?v=Yqnx1zkJb98&feature=youtu.be>

Coronavirus Resource Page

https://www.mercola.com/coronavirus-resources.htm?cid_source=banner&cid_medium=int&cid=coronavirus_resources_20200318&cid_content=contenttop

Vitamin C Is an Essential Factor on the Anti-viral Immune Responses through the Production of Interferon- α/β at the Initial Stage of Influenza A Virus (H3N2) Infection

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3659258/>

Vitamin D Sunshine Optimal Health: Putting it all Together

<https://www.youtube.com/watch?v=B9SNfrE7P1s>

Actual Solutions For That Stupid Virus | Medicine Can't Admit Herbs Work Best!

https://www.youtube.com/watch?v=2gct0mJN_hc&feature=youtu.be

Vitamin D and immunity

<https://youtu.be/W5yVGmfivAk>

COVID-19, PNEUMONIA & INFLAMMASOMES – THE MELATONIN CONNECTION

<https://www.evolutamente.it/covid-19-pneumonia-inflammasomes-the-melatonin-connection/>

Linus Pauling – The Father of Vitamin C Therapy

<https://lpi.oregonstate.edu/about/linus-pauling-biography>

Nature's Natural Immune Vaccination System

<https://youtu.be/SO0kKCKzemg>

Dr Klinghardt's latest discoveries on COVID-19

<https://youtu.be/NctiERzrny4>

How to Proactively Protect Yourself from Covid 19 with Dr. Paul Anderson

<https://podcasts.apple.com/us/podcast/how-to-proactively-protect-yourself-from-covid-19-dr/id1492179907?i=1000469250822>

Dr Corsi DECODES 3-25-20: Dr Karladine Graves further explains hydroxychloroquine to combat COVID-19

<https://youtu.be/fCCxSc8kbxs>

Emergency Room Doctor Doesn't Realize Major Signs & Symptoms of COVID-19 Coronavirus Cases Match Evidences Of Zinc Deficiency

https://www.lewrockwell.com/2020/03/no_author/emergency-room-doctor-doesnt-realize-major-signs-symptoms-of-covid-19-coronavirus-cases-match-evidences-of-zinc-deficiency/

WINNING THE BATTLE AGAINST SARS-CoV-2 (the virus), COVID-19 (the infection)

<http://skyriverhosting.com/cov/sarscov032920.pdf>

Modern Medicine Knew Of Zinc Cure For Coronavirus Infections A Decade Ago But Failed To Put Into Practice

https://www.lewrockwell.com/2020/04/no_author/modern-medicine-knew-of-zinc-cure-for-coronavirus-infections-a-decade-ago-but-failed-to-put-into-practice/

Coronavirus Parental Strategy Guide

https://issuu.com/aanker3/docs/coronavirus_flyer_-_parent_guide_-_kiatsugi

Dr. Eric Nepute

<https://www.facebook.com/drericnepute/videos/212203320055065/>

Chaga

Chaga Tea: Benefits of This Unusual but Health-Boosting Beverage

<https://articles.mercola.com/teas/chaga-tea.aspx>

CHAGA MUSHROOM HEALTH BENEFITS - THE WHOLE STORY

<https://youtu.be/AIAxvtvE97I>

Chaga – The Facts

<https://oriveda.wordpress.com/chaga-the-facts/>

MaineChaga.com

<https://www.myberryorganics.com/>

Continuous intake of the Chaga mushroom (*Inonotus obliquus*) aqueous extract suppresses cancer progression and maintains body temperature in mice

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4946216/>

First Nations Use of Chaga Mushroom

<https://www.annandachaga.com/pages/first-nations-use-of-chaga-mushroom>

Home Of Chaga Mushrooms

<https://chaga101.com/#side>

Benefits of Chaga Mushroom - #1 Antioxidant in the World

<https://youtu.be/Dg48P1Aaf9w>

Chaga (*Inonotus obliquus*), a Future Potential Medicinal Fungus in Oncology? A Chemical Study and a Comparison of the Cytotoxicity Against Human Lung Adenocarcinoma Cells (A549) and Human Bronchial Epithelial Cells (BEAS-2B)

<https://journals.sagepub.com/doi/full/10.1177/1534735418757912>

What Is Chaga?

<https://chagahq.com/>

Birch Boys Mushrooms

<https://birchboys.com/>

Amazon.com has various chaga supplements.

Search #chaga_gangsta on Twitter for more info!

Source of Vitamin C

<https://nutriflair.com/collections/all/products/nutriflair-liposomal-vitamin-c-1400-mg>

<https://shop.mercola.com/product/1292/1/vitamin-c-180-per-bottle-90-day-supply>

Major online retailers carry.

Source for supplements

PureBulk.com

https://purebulk.com/products/ascorbic-acid-vitamin-c?_pos=2&_sid=45cac7401&_ss=r&&sca_ref=120951.Dz54Hy7VLH

Vitamin D

<https://www.biotechpharmcal.com/collections/bone-health/products/d3-50-50-000-iu-1>

General Health Information

Microbe Formulas – Learning Center

<https://microbeformulas.com/pages/detox-center>

Exercise – Free training!

Chris Shelton Qi Gong

<https://www.youtube.com/playlist?list=PLn50fLbyMAxDhYAEMibcfUPxtjC-QvG0g>

MY PEAK CHALLENGE'S 30-DAY SOCIAL-DISTANCING CHALLENGE

<https://mypeakchallenge.com/pages/sdc30>

Boho Beautiful Yoga

<https://www.youtube.com/user/cexercize>